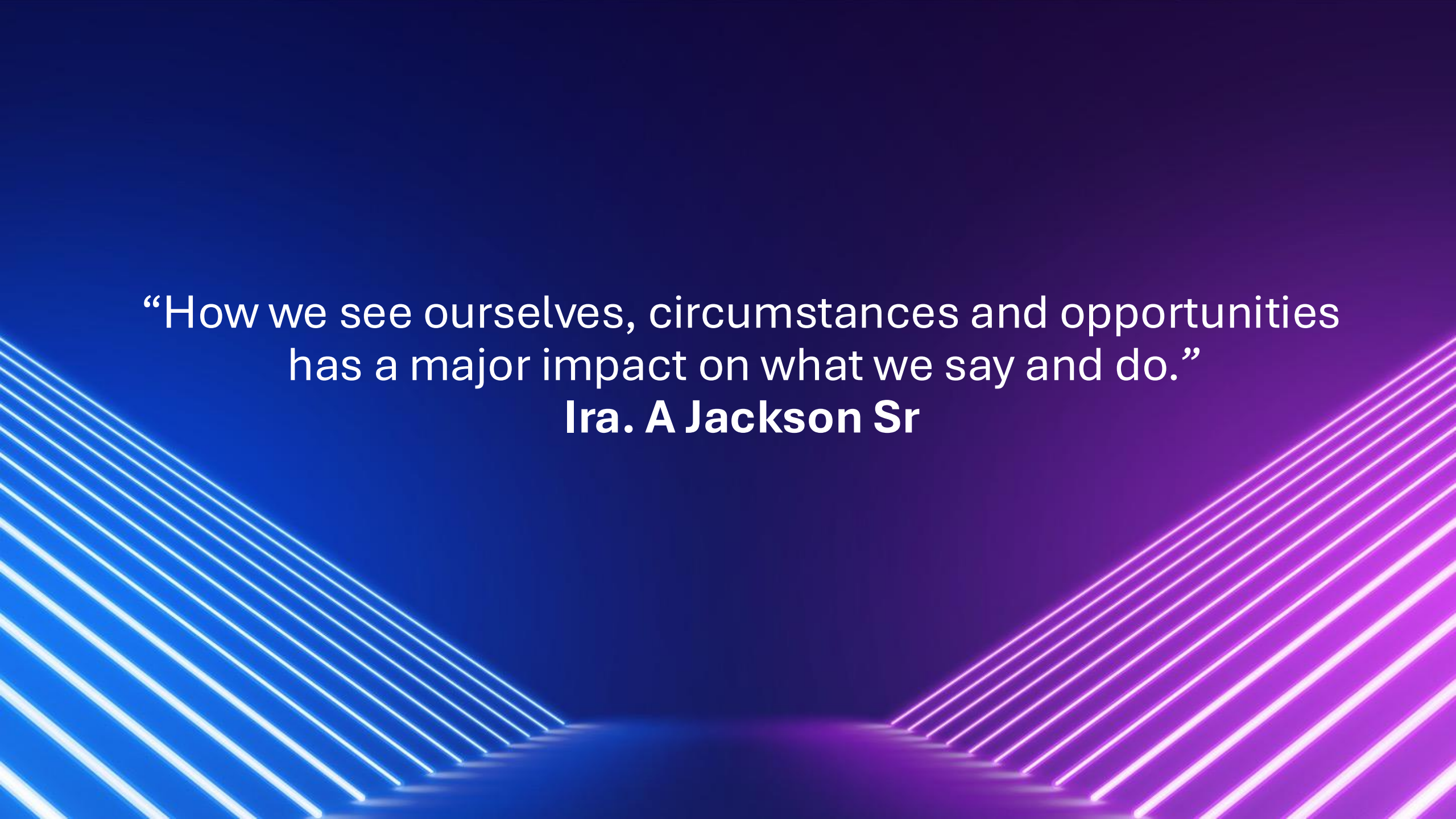


“Vision Series”

I’ve Got to Say Something

By Ira A Jackson Sr

The background features a dark blue to purple gradient. On the left side, there are several parallel, bright blue diagonal lines that fan out from the bottom left towards the center. On the right side, there are several parallel, bright purple diagonal lines that fan out from the bottom right towards the center. The lines create a sense of depth and perspective, meeting at a vanishing point in the center of the image.

“How we see ourselves, circumstances and opportunities
has a major impact on what we say and do.”

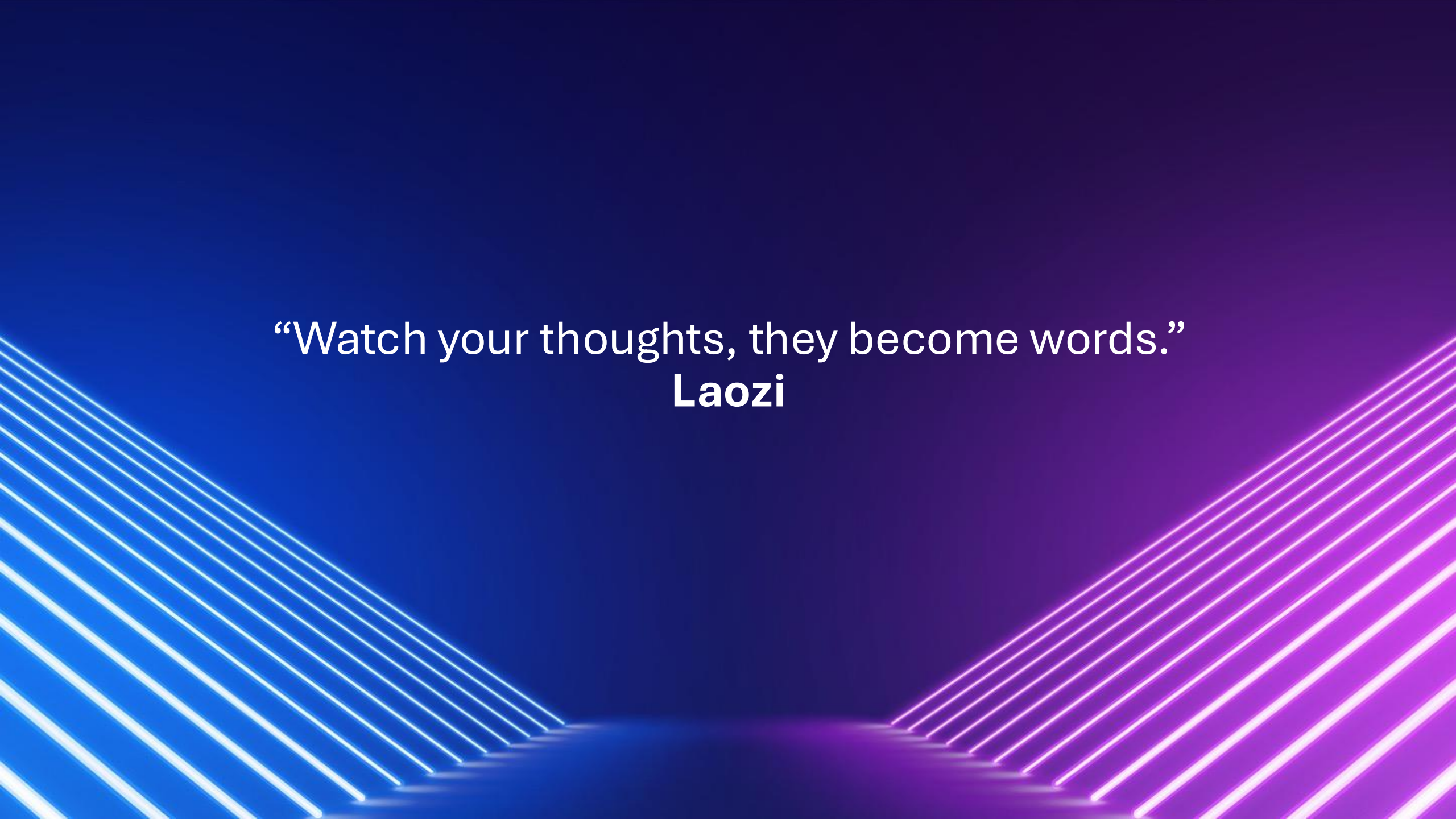
Ira. A Jackson Sr

Question

What are you seeing that causes you to say negative things too and about yourself?

Text: Num 13:31-33

But the men who had gone up with him said, “We are not able to go up against the people, for they *are* stronger than we.” And they gave the children of Israel a bad report of the land which they had spied out, saying, “The land through which we have gone as spies *is* a land that devours its inhabitants, and all the people whom we saw in it *are* men of *great* stature. There we saw the giants (the descendants of Anak came from the giants); and we were like grasshoppers in our own sight, and so we were in their sight.” (NKJ)

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“Watch your thoughts, they become words.”
Laozi

Recap: Sending Out the Spies

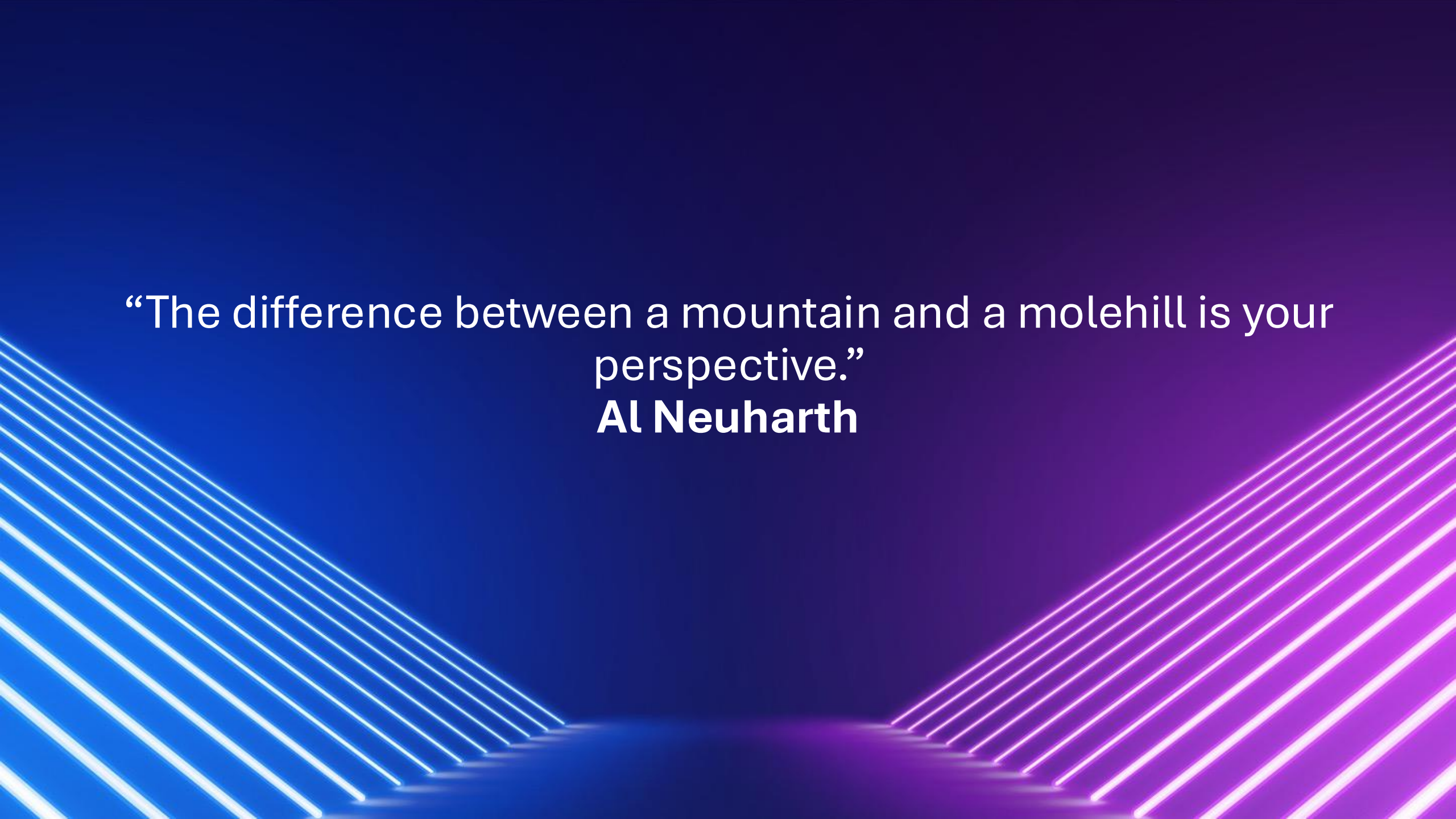
1. This was not a God idea, but at the people's request.
- 2. The People initially wanted to know the best way to go.**
3. They are close to the promise land, so they want to explore.
- 4. This would give them intel on how to possess the land.**

Question

Did they need to spend 40 days trying to gain intel about the land that God could have shown them?

Recap: Spies Report

1. They said that the land is flowing with milk, honey and with fruit.
- 2. They said that the people living in the land are powerful.**
3. The said that their towns are large and well fortified.
- 4. The said that they saw giants there, the descendants of Anak.**

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“The difference between a mountain and a molehill is your
perspective.”
Al Neuharth

Perception Shifts

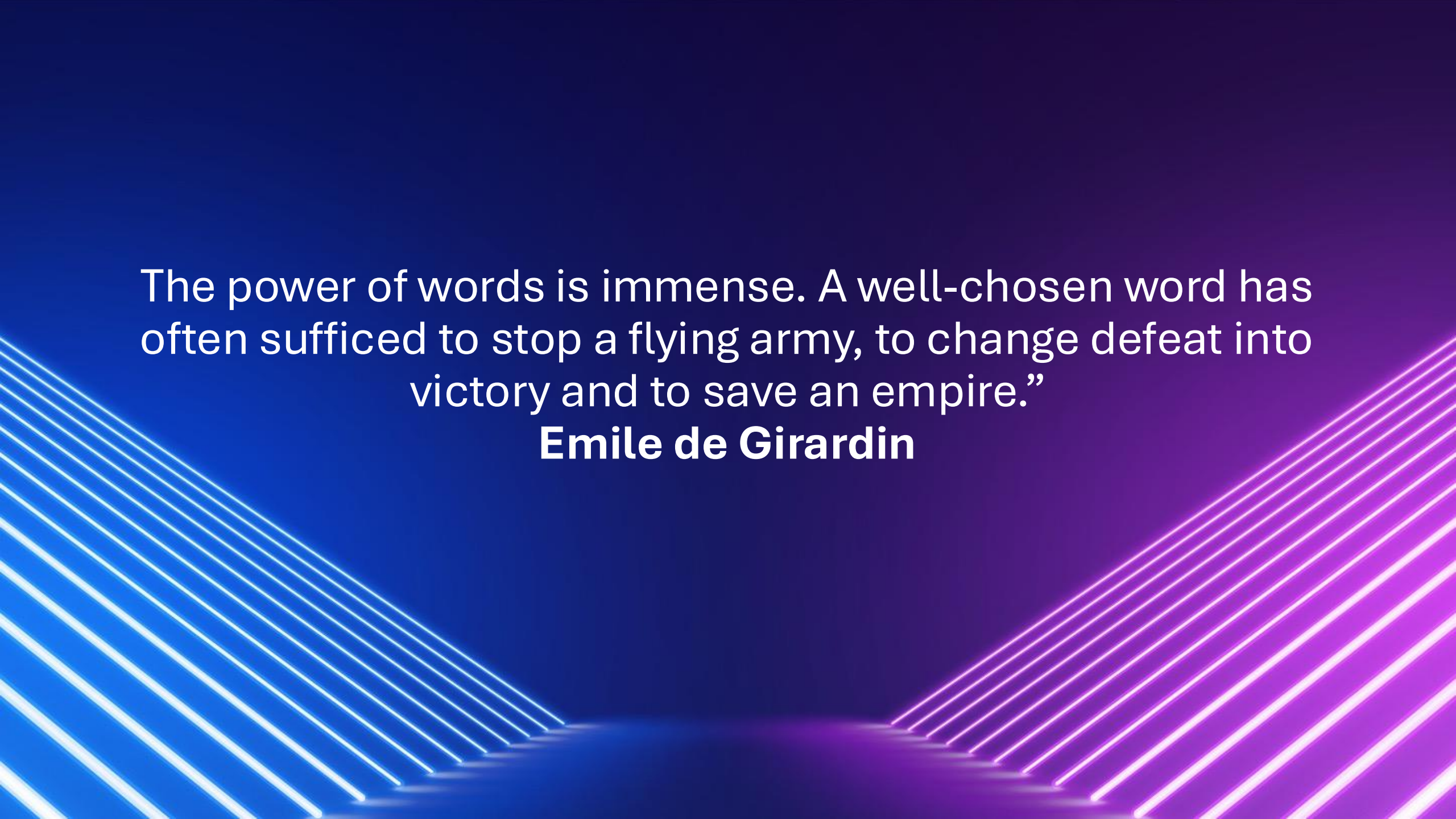
- **Perception:** is my interpretation and the way I see myself, circumstances and the world.
- **Perspective:** is actively listening to how others see me, my circumstances and the world.

Text: Proverbs 15:22

Without **counsel**, plans go **awry**, But in the **multitude** of counselors they are **established**. NKJ

Spies Perspective

- Facts without factoring in what God or Moses has said
- **Fear without faith to believe that with God all things are possible**
- Ten said we are not able because of who we are.
- **Caleb said we are well able because of who we are.**

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The power of words is immense. A well-chosen word has often sufficed to stop a flying army, to change defeat into victory and to save an empire.”

Emile de Girardin

Dr Harry Cohen Ph.D.

- Self – Talk is a dual-edge mental tool that can either help us or trap us.
- **Research shows that self – talk can be transformed into a tool for resilience and success.**
- Negative self-talk decreases confidence and raises our stress levels.
- **Positive self – talk provides increased confidence, motivation and improves decision making.**

Text: Proverbs 18:21

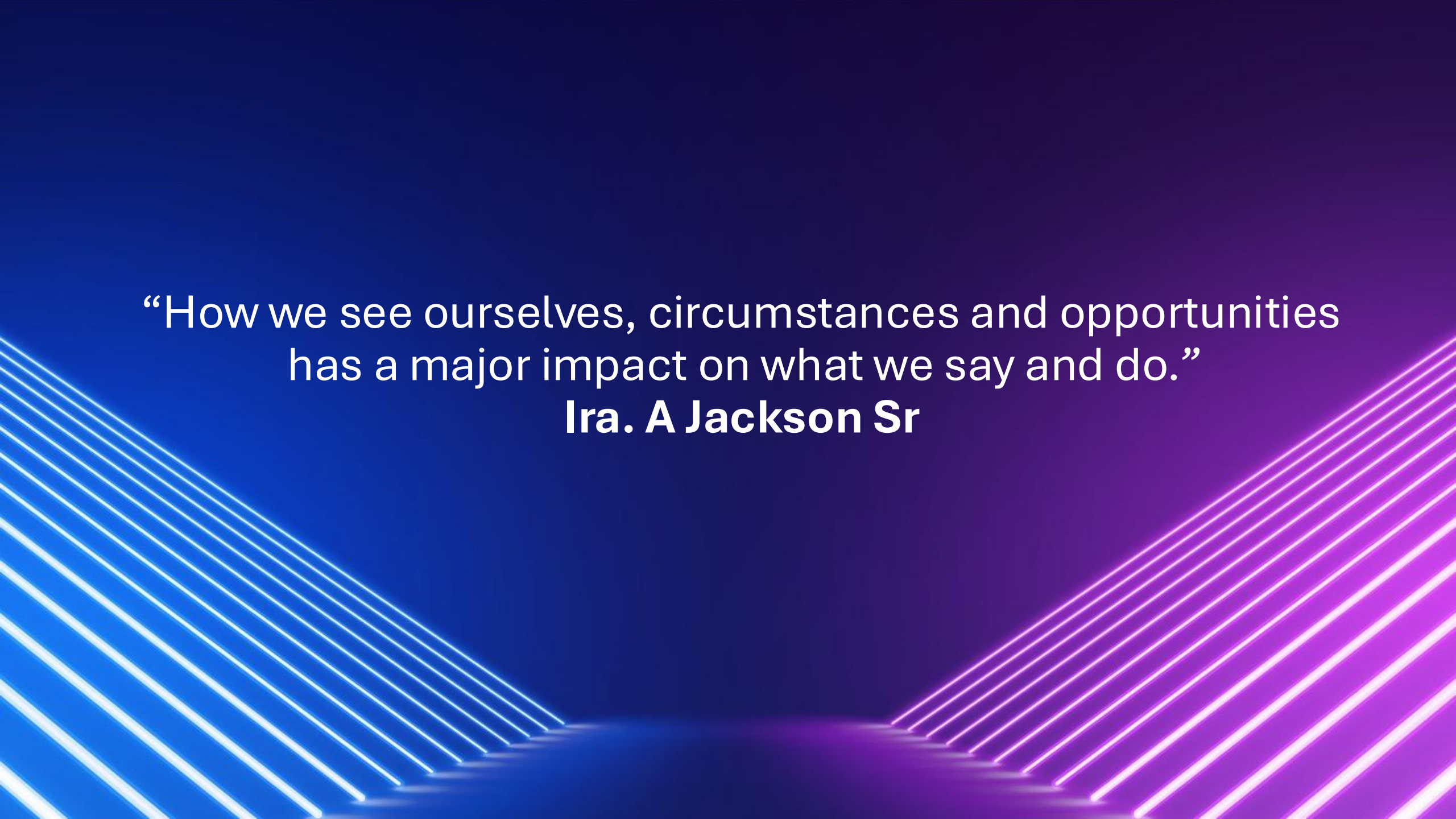
Death and **life** *are* in the **power** of the **tongue**, And those who love it will eat its fruit. (NKJ)

Caleb Says something!

1. Caleb told the people to calm down.
- 2. Caleb gave the people a clear command not a suggestion.**
3. Caleb spoke with a sense of urgency lets go now.
- 4. Caleb spoke confidence by telling the people we can do this.**

Conclusion

- **Do you speak to yourself?**
- How have you been speaking to yourself, life or death?
- **What are you saying about your circumstances?**
- How do you speak about the opportunities that you are presented with?
- **Challenge: For the next 21 days speak nothing but life into yourself and see how this impacts your sphere of influence.**

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