

Love  
Well

# From Convenience to Covenant

## Six Alignment Principles of Covenant Love

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# 1. Align Your Heart With Commitment

**1 CORINTHIANS 13:7–8**

Love bears all things... endures all things. Love never fails



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## 1 CORINTHIANS 13:7–8

Love bears all things... endures all things. Love never fails.

- Stay with the process.
- Work it out.
- Endure the hardship.

“

**Convenience walks away  
when challenged. Covenant  
stands and builds.**





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## 2. Align Your Intimacy With Covenant

**GENESIS 2:24** - One flesh.

**HEBREWS 13:4** - Marriage is honourable.

- Covenant creates safety and honour.



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**GENESIS 2:24** - One flesh.

**HEBREWS 13:4** - Marriage is honourable.

- Covenant creates safety and honour.
- God's boundaries are not restrictions – they are protection.



## 2. Align Your Intimacy With Covenant

Intimacy without commitment creates attachment without security

- Covenant intimacy provides covering, honour and spiritual alignment
- Marriage is not just a contract or a piece of paper

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**Covenant protects what  
chemistry excites.**



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## 2. Align Your Intimacy With Covenant

Let your relationship reflect your reverence for God and your love be rooted in obedience, not just attraction.



## 3. Align Your Roles With Christ's Design

**EPHESIANS 5:25** - Sacrificial love.

- Leadership is responsibility. Lead with love - not control.

“Husbands love your wives, just as Christ also loved the church and gave Himself for her”

“

**Godly leadership is living in a way others want to follow.**





## 3. Align Your Roles With Christ's Design

**PROVERBS 31:25** — “Strength and honour are her clothing...”.

Prov 14:1 The wise woman builds her house

Women are builders

Godly femininity is not weakness – its strength under the governance of wisdom.



## 4. Align Your Healing With God's Process

**PSALM 147:3** — “He heals the broken-hearted and binds up their wounds,”

- Unhealed wounds covered over is still sensitive underneath.
- Unresolved hurts resurface
- Rebound relationships delay healing.

“

**You don't heal by replacing  
people, you heal by  
restoring your soul.**



“

**Do not rush to the altar  
build the foundation.  
Prepare, Heal, Develop,  
Become**





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# 5. Align Your Hope With God's Promise

## PHILIPPIANS 1:6

- God is not finished with you yet.



## 5. Align Your Hope With God's Promise

**PHILIPPIANS 1:6** — He who began a good work... will complete it.

There is hope for everyone:

- God can realign marriages.
- God is forming singles, not forgetting them.

“

**For the wounded  
God restores what  
unhealthy love has  
damaged.**



“

**For the Church - God is  
building healthy people  
who build healthy  
relationships.**



“

**Your story is not over  
because of the season  
you're in.**



“

**What unhealthy love has  
damaged, God can  
redeem**





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## 6. Align Your Future With Covenant Decisions

This series was about **growth** and **alignment**.

Identifying our Life Patterns

Becoming Self-aware

Breaking unhealthy cycles

Growing Personally

Aligning with God's plan and design



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# Closing Declaration

Healthy love starts with healthy hearts.

Aligned lives build lasting relationships.

Skilful communication sustains connection.

Covenant protects intimacy.

Healing restores hope.

God is faithful to complete what He has started in us.